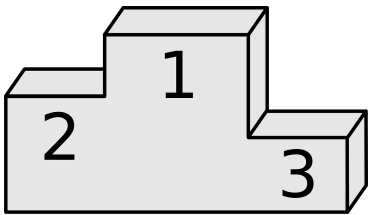




# TAPS®

## Activity Book



LET THE GAMES BEGIN

#LoveLivesOn

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# GEOCACHING

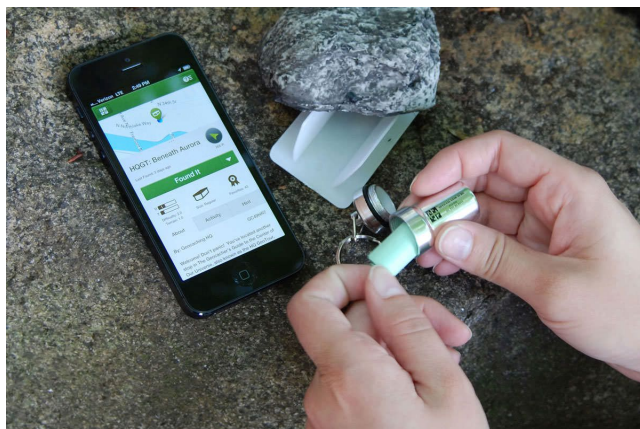
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### What is Geocaching?

"Looking for a fun way to exercise both mind and body? Try geocaching (JEE-oh-cash-ing), an outdoor activity that combines hiking with a tech-aided treasure hunt. The name derives from a mashup of “geography” and “cache,” and the game itself transcends territorial, political, gender and age boundaries.

Instead of a parchment map where X marks the spot, you use an app on a smartphone and your powers of observation. Instead of hunting for a buried chest, you're looking for a cache hidden in an eco-friendly site above ground.”

Use the resources below to find out the basics of geocaching and how it works. There are many adventures that await and can be found at <https://www.geocaching.com/play>



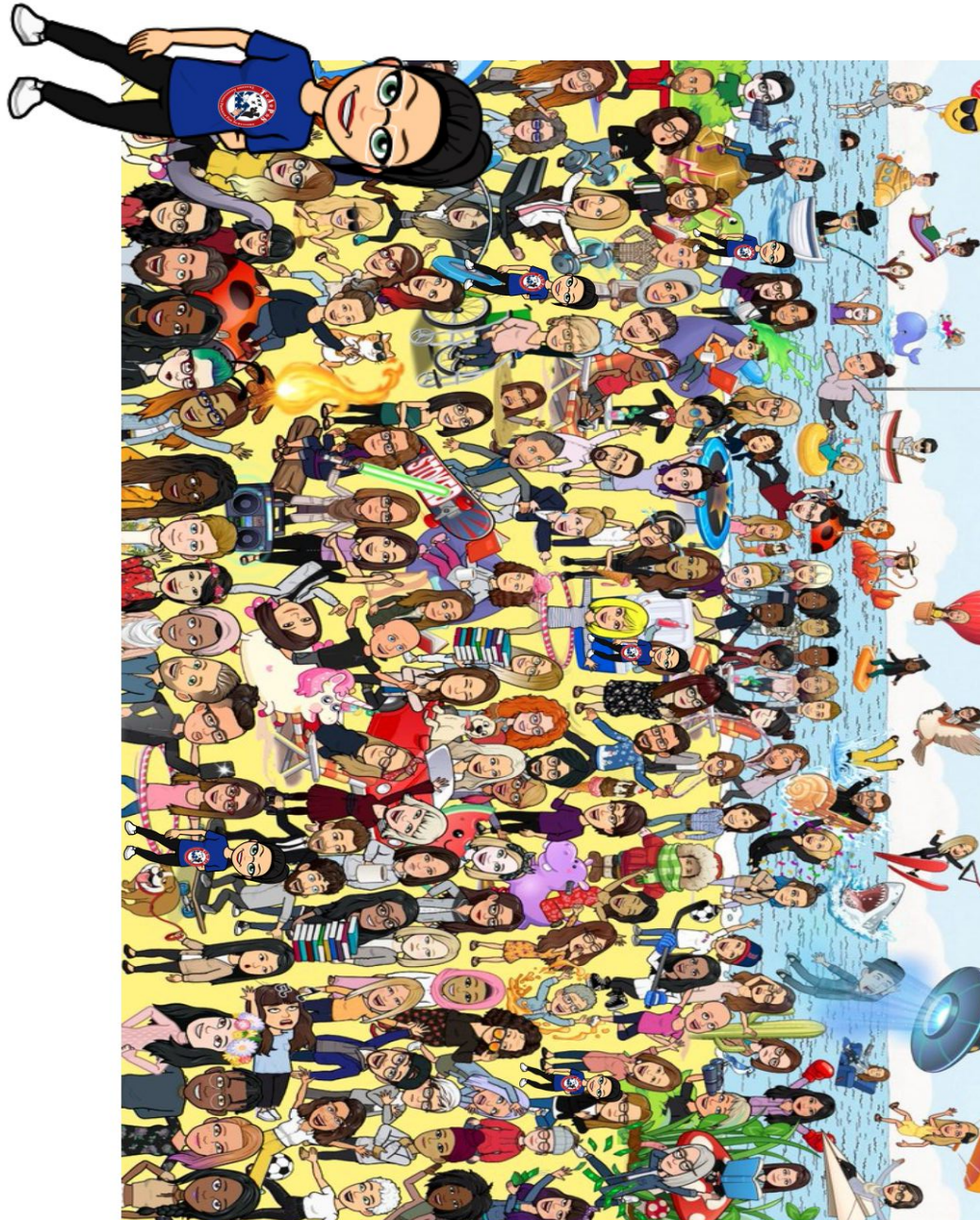
Source: <https://www.nationalgeographic.org/encyclopedia/geocaching/>  
<https://www.rei.com/learn/expert-advice/gps-geocaching.html>



# WHERE'S FLAT MENTOR?

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DIRECTIONS: There are (5) Flat Mentors hidden within the picture. Can you find all 5?





# DESIGN YOUR OWN MEDAL

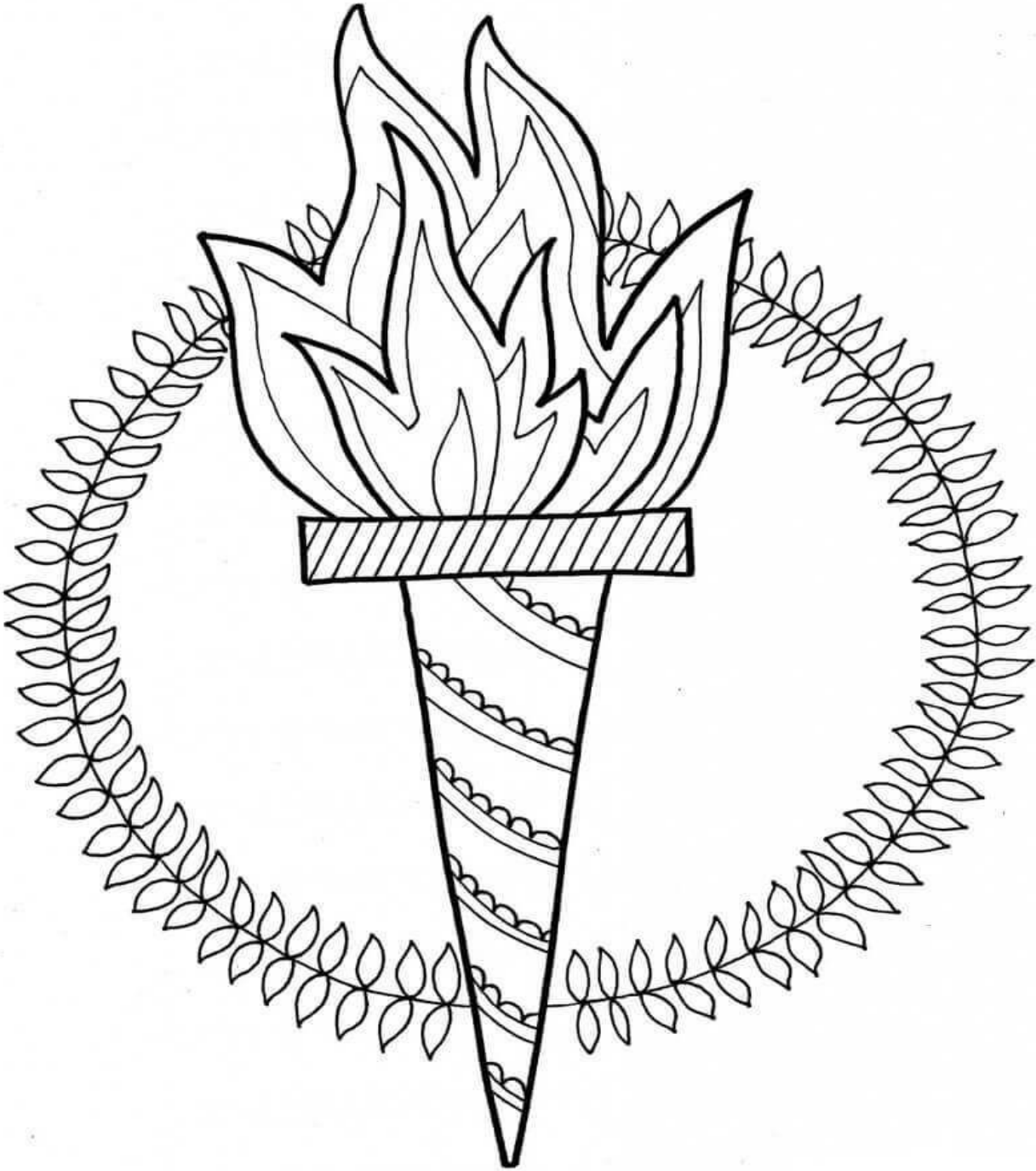
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# COLORING PAGE (Olympic Torch)

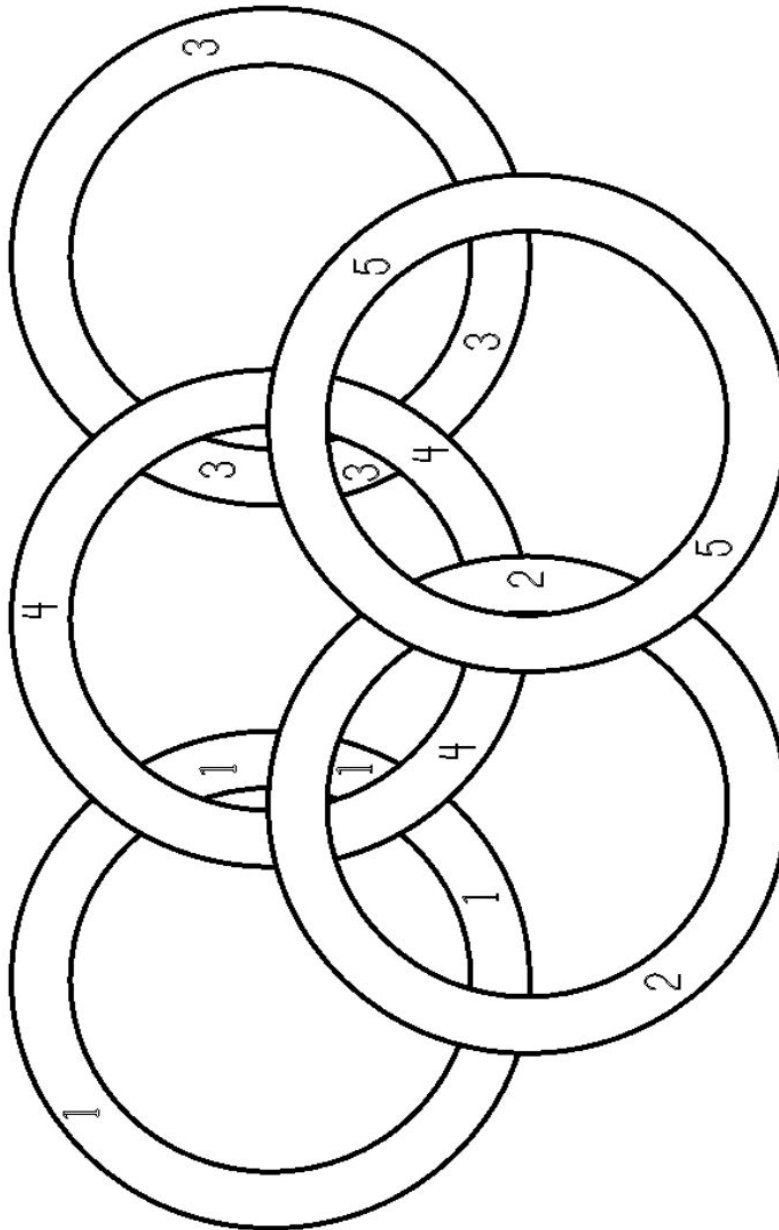
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# COLORING PAGE (Olympic Rings)

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1-blue    2-yellow    3-red    4-black    5-green

For more creative learning ideas check out  
[www.makinglearningfun.com](http://www.makinglearningfun.com)



# **JOURNAL PAGE**

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**PROMPT:** If you were selected to be on the Olympic team, what sport would you do? (It can be a current Olympic sport or one you make up)

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# CREATE YOUR OWN OLYMPICS FIELD DAY

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## “Go for the Gold”

**Directions:** As a family come up with 5-10 fun games to do to compete in. These can include minute to win it games, fun challenges, and/or backyard games. Below you find a list of ideas or create your very own Olympic game. Tally up points and see who comes away with the GOLD medal.

### **Ideas:**

- Any minute to win it game
- Create your own obstacle course around the house
- Bouncing Basket Ball
- Balancing Books
- Cool in the Pool
- Table Tennis Toppling
- Rug Run
- Giant Golf
- Plate Toss



# FAMILY OLYMPICS

Source: <https://www.playpartyplan.com/go-for-the-gold-party-games/>



**FAMILY OLYMPIC SCORE CARD**

NAME						



# MINUTE TO WIN IT

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### **MINUTE TO WIN IT GAMES:**

1. Face the Cookie
2. Card Ninja
3. A Bit Dicey
4. Movin on Up
5. Roll it up
6. Stack Attack

### **Face The Cookie:**

**Overview:** Using only the face, move cookies from the forehead to the mouth.

**Supplies Needed:** At least 3 oreo cookies

**Instructions:**

1. When the clock starts, player may grab the first cookie and place it on the forehead.
2. The cookie must remain in contact with the face (i.e. player may not toss the cookie from the forehead and catch it in the mouth).
3. If a cookie falls, player may reset an intact cookie on the forehead for the next attempt.
4. To complete the game, the player must hold an intact cookie 3 times with his or her mouth within the 60-second time limit.

### **Card Ninja:**

**Overview:** Throw 1 playing card into a watermelon.

**Supplies Needed:**

- half a watermelon,
- at least 1 deck of cards
- foul line on the ground
- at least 6' from the melon

**Instructions:**

1. Place the half watermelon so that the pink side is perpendicular to the ground.
2. When the clock starts, player may begin tossing cards 1 at a time at the watermelon while standing behind the foul line.
3. To complete the game, player must stick 1 card into the watermelon within the 60-second time limit so that it stays that way for 3 seconds.

### **A Bit Dicey:**

**Overview:** 6 dice must be stacked one on top of the other on the Popsicle stick within the 60- second time limit.

**Supplies Needed:**

- 6 dice
- 1 popsicle stick

**Instructions:**

1. The player starts by holding a single Popsicle stick in their mouth.
2. When the timer starts, the player must vertically place on dice at a time on the Popsicle stick.
3. None of the dice can touch any part of the contestant's face.
4. If a dice is dropped, the player may take another dice to use in its place.

### **Movin on Up:**

**Overview:** 6 dice must be stacked one on top of the other on the Popsicle stick within the 60- second time limit.

**Supplies Needed:**

- 39 Blue Plastic Drinking Cups per person or team
- 1 Red Plastic Drinking Cup per person or team
- Table per person or team

**Instructions:**

1. The player starts the game standing in front of the table that holds the cups.
2. When the one-minute timer begins, the player grabs the cups and begins moving them, one at a time, from the top to the bottom.
3. Grab the top cup with one hand and, with the same hand, move it to the bottom of the stack. Then, with the other hand, grab the next cup and do the same thing.
4. Continue moving the cups, one at a time with alternating hands, until the red cup is once again at the bottom of the stack.

### **Roll It Up:**

**Overview:** The object of the game is for the players to eat it as quickly as possible without using their hands.

**Supplies Needed:**

- Box of fruit roll-ups

**Instructions:**

1. Unwrap and unroll the appropriate number of fruit roll ups.
2. Players stand with their hands behind their backs, and the roll ups in their mouths.
3. At the go signal, players start to eat the fruit roll up.
4. First one to eat all the roll up wins.

### **Stack Attack:**

**Overview:** The object of the game is for the players to stack the cups into a pyramid and then back down into a single stack.

**Supplies Needed:**

- 36 plastic cups

**Instructions:**

1. Give each person a single stack of 36 plastic cups.
2. Each person gets one minute to stack all of the cups into a pyramid and then unstack them, making a single column again.



# CHALK GAMES

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### SUPPLIES:

- Sidewalk chalk

### DIRECTIONS:

The theme for this week is games and more specifically Olympic themed activities. We wanted to incorporate some fun and creative activities and art that went along with that theme. We came across some amazing sidewalk chalk art by Michelle, who blogs at Burgh Baby, and decided to share it with you.

Be sure to take some great photos!



Source: <http://blog.craftycroc.com/olympics-inspired-chalk-mania/>



# PEANUT BUTTER BROWNIE DOMINOS

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## PEANUT BUTTER BROWNIE DOMINOS

**Yield:** 48 BROWNIES **Prep time:** 30 MINUTES **Cook/Chill time:** 1 HOUR **Total time:** 1.5 HOURS

### INGREDIENTS

- 1 pkg. Truffle Fudge Brownie Mix
- 1/2 cup (1 stick) melted butter
- 2 large eggs, beaten
- 1/2 cup creamy peanut butter, melted
- White decorating frosting with narrow decorating tip



### INSTRUCTIONS

1. Preheat oven to 350°.
2. Prepare **Truffle Fudge Brownie Mix** according to package directions using butter and eggs.
3. Stir in melted peanut butter.
4. Transfer to a greased 9 x 13 baking pan.
5. Bake 20-25 minutes.
6. Cool completely.
7. Cut into about 2x1 1/4-inch rectangles and decorate like dominos with white frosting. Makes 48 brownies.
8. **Tip:** Place on a serving platter in a dominos pattern.

Source: <https://www.tastefullysimple.com/recipes/peanut-butter-brownie-dominos-115264>



# ADDITIONAL ACTIVITIES

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### **READING:**

- **Board Game Facts**  
[https://kids.kiddle.co/Board\\_game](https://kids.kiddle.co/Board_game)
- **First Olympic Games**  
<https://kids.nationalgeographic.com/explore/history/first-olympics/>

### **STEM:**

- **Spaghetti and marshmallow Tower Lab**  
<https://www.keslerscience.com/spaghetti-and-marshmallows-tower-lab/>
- **Balloon Car:**  
<https://www.sciencebuddies.org/stem-activities/balloon-car>